

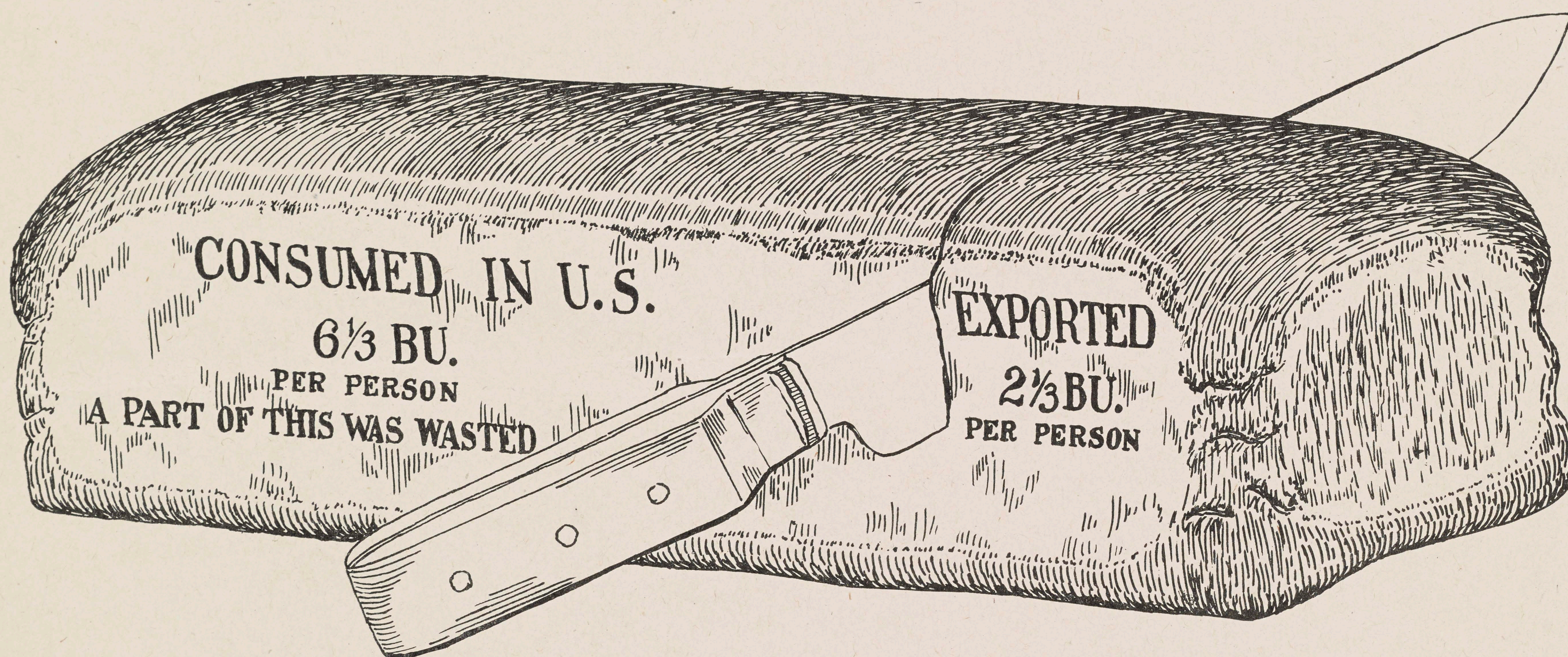
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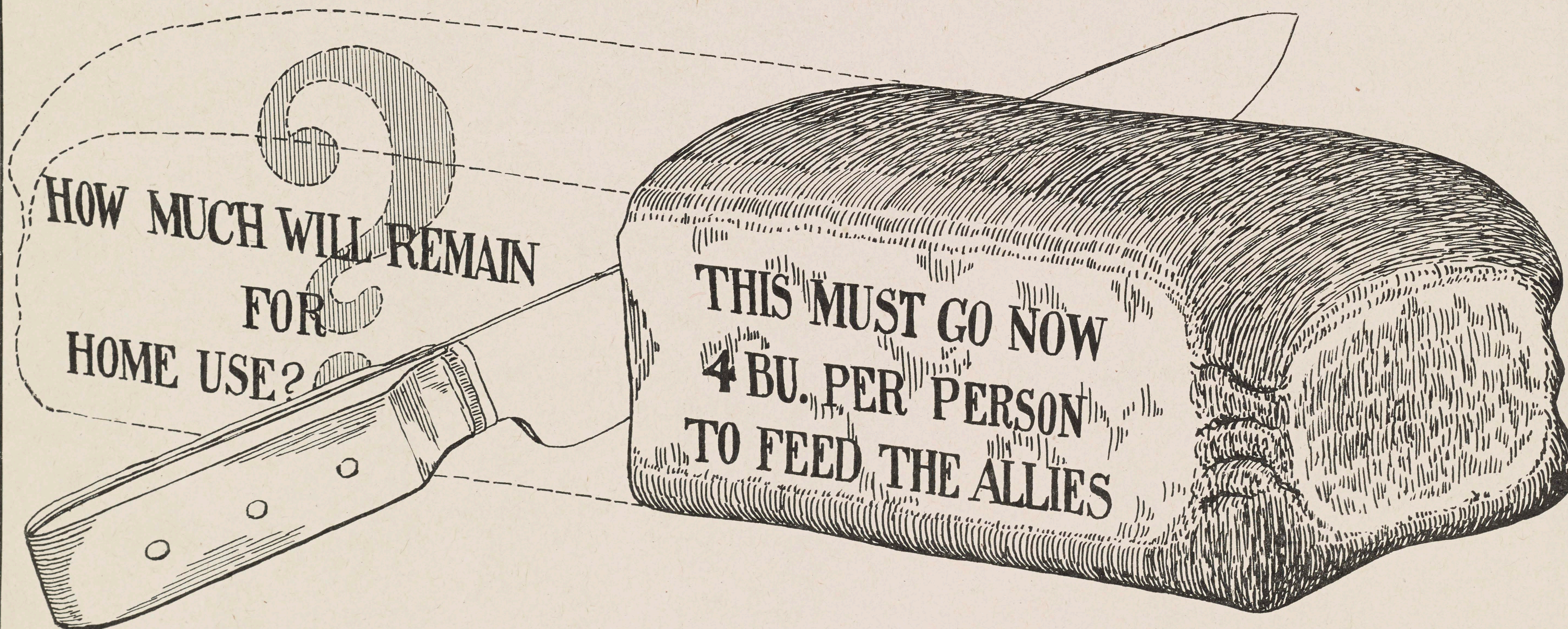
**FIRST** **BREAD** **FIRST**  
**IN** **WAR** **IN** **PEACE**

THE NATION'S LOAF AND HOW WE USED IT IN 1916



**THIS IS THE LOAF THAT MUST WIN THE WAR**

**WITHOUT IT DEMOCRACY IS DOOMED---PERSONAL SACRIFICE MUST SUPPLANT PREVIOUS EXTRAVAGANCE**



Waste of **FOOD** is Disloyalty  
Economy of **FOOD** is Patriotism  
and Production of **FOOD** is National Service

**Kansas State Council of Defense**

Committee on Utilization and Economy, Mrs. May Belleville Brown, Chairman

Cooperative Extension Work in Agriculture and Home Economics, Kansas State Agricultural College and U. S. Department of Agriculture Cooperating.  
Acts of May 8 and June 30, 1914. Edw. C. Johnson, Director.